



Takiwasi

CENTER FOR THE REHABILITATION OF DRUG ADDICTIONS
AND RESEARCH ON TRADITIONAL MEDICINES

Instructions to write the motivation letter

The objective when working with plants in Takiwasi is therapeutic. We ask for a detailed **motivation letter** in order to get to know you better and to evaluate your request.

We would appreciate this letter to be short (maximun 2 pages), and covering the following aspects:

- ✓ Circumstances related to pregnancy and birth (information related to conception; health state of the mother during pregnancy); birth (cesarean section, forceps, normal; premature or not) and aftercare.
- ✓ Life history: childhood, relationship with parents, siblings, grandparents, family history information. Indicate the main problems, traumas, difficulties you have encountered and the solutions you have tried.
- ✓ Past and present affective life: whether you are in a couple or not, children.
- ✓ Studies and professional life.
- ✓ Emotional knots you think you've worked on and current blockages to work with.
- ✓ Therapeutic record (previous therapies) and spiritual life.
- ✓ The current motivations for undertaking a research in Takiwasi.

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